SUSAN GUZZETTA

PROFESSIONAL SPEAKERS FOR ALL OCCASIONS



CHERYL AGRANOVICH

KEYNOTE HEALTH AND WELL-BEING SPEAKER

Over the last 30 years, Cheryl Agranovich has experienced every aspect of the world of health. Self-sufficient since she was 17, on welfare and homeless - Cheryl was the first person in her family to complete college— working full time until she completed her Bachelor's degree in Nursing and Master's degree in Public Health. She's worked on the 'front lines' as an emergency room nurse and lifesaving healthcare provider. Cheryl has founded and sold two nationally recognized healthcare companies as an entrepreneur. She's advised and consulted companies from IKEA and Nordstrom to Progressive and Sherwin Williams, publishing her health-centric book, "A Woman's Health Survival Guide" along the way.

Today, Cheryl is one of the most trusted experts and innovators in the field of organizational health and peak performance—both at the individual level and in organizations of every size. Cheryl's 4-Step Vital Signs framework inspires positive change, organizational transformation, and provides the power to take ownership over our health. Cheryl has committed to donating all proceeds from speaking engagements, book sales, and board work to help support education for girls and women in need on their journey to personal health and professional success.

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TOPIC

Cheryl's message is all about identifying the Vital Signs in our organizations. She's created a 4-step framework for boosting organizational health, vitality, and stamina long before it's too late. She also creatively links her keynote to existing well-being resources to increase participation rates and support.

VITAL SIGNS

Like our bodies, our teams, employees, and organizations are constantly sending us signals which we choose to ignore. Disengaged employees. Lack of creativity. Hostile interactions between team members. We write these off as random occurrences, just like we ignore that nagging stomach pain or headache. We get one body for life. We are not renting a space that we can change when we break down. The way we feel every moment depends on how we are feeling physically and emotionally - crucially interconnected factors.

If you want an organization that goes the distance, powered by people who are engaged, creative, and in-touch with their own personal well-being, it's time to stop ignoring those vital signs. And Cheryl has the proven framework to make it happen - her keynote will inspire audiences to take charge of their health.

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TESTIMONIALS

"Authentic. Inspiring. Practical. Cheryl's message has made a huge Impact on our organization globally."

Lori Lampman VP Global Rewards, HR Technology & Analytics HARMAN International Industries

"We dedicate our lives to caring for others and often overlook the need to care for ourselves. Cheryl provided us with practical tools and insights to improve our health. WOW!"

Michelle Hereford Chief Nursing Officer University Hospitals

"An audience game changer. Cheryl provides hope, support and motivation to make lifetime health improvements; a must hear for any group."

Chad Hanzlicek Director Operations Cigna