

SUSAN GUZZETTA

PROFESSIONAL SPEAKERS FOR ALL OCCASIONS



DR. DEBRA DUPREE

THE MINDSET DOC

Changing the Way We Think about Conflict: Out of Adversity Comes Opportunity

Transforming Confrontation into Conversation

Dr. Debra Dupree, fondly referred to as “The Mindset Doc,” shines as a dynamic speaker dedicated to empowering women in science and construction alike. Drawing from her own familial business experiences, she intimately understands the toll unresolved conflicts can take, driving her mission to support intelligent women navigating challenging environments.

Dr. D gained firsthand insight into the destructive consequences of unresolved conflict, growing up in a family of nine siblings within a family-owned business.

The opportunities were rich for generational- and gender-divides, unspoken communication and unresolved differences, unmanaged emotional reactions, that often led to damaged relationships and broken hearts. These early experiences led to astute observational and listening skills, cultivating a passion for understanding the dynamics behind human behavior and making a difference in the lives of others.

Driven by this profound passion for influencing the human condition in positive directions, she's dedicated to igniting the fire and sparking the imaginations of leaders and followers in all walks of life in navigating with peace and harmony through challenging confrontations for meaningful conversations and connections.

With a seamless blend of neuroscience and practical wisdom, Dr. Debra unravels the complexities of emotional reactions, offering invaluable tools for conflict resolution. Through her podcast, “Decoding the Conflict Mindset,” she fosters global conversations on managing emotions and navigating negotiations, tailored specifically to the unique challenges faced by women in these industries.

Recognized internationally for her expertise, Dr. Debra's commitment to promoting conflict resolution extends far beyond the podium. Her forthcoming publication with Penguin Publications promises to offer transformative insights into leadership dynamics, enriching the professional landscape for women in both science and construction.

Invite Dr. Debra Dupree to your event, and expect a compelling blend of expertise, compassion, and actionable strategies. Her influence will undoubtedly leave a lasting imprint on the mindset and dynamics within your industry, empowering individuals to navigate conflicts with resilience and grace.

DR. DEBRA DUPREE

TOPICS

UNLEASHING TRANSFORMATIVE CONFLICT RESOLUTION

- Discover the secrets to conducting effective and emotionally intelligent mediations.
- Dive deep into the cognitive distortions and emotional triggers behind complex disputes and learn behavioral methodologies to navigate intense conflicts.

This engaging and dynamic keynote challenges traditional thinking with innovative mediation strategies to advance attendees' standing as a highly sought after practitioner.

Executive Summary

Dr. Debra Dupree addresses the complexities of mediation by focusing on the emotional and psychological underpinnings that intensify conflicts. She emphasizes the importance of soft skills in understanding and navigating the human aspects of disputes, showcasing through case studies how these skills lead to ethical and effective resolutions. Her approach transcends traditional evaluative methods, advocating for a deeper, more empathetic engagement with the parties involved.

By equipping attendees with advanced communication strategies, Dr. Dupree illustrates how to transform the mediation process. The emphasis on emotional intelligence and cognitive awareness enables mediators to foster lasting resolutions, making the process not only more successful but also more meaningful for all parties involved.

Learning Points/Objectives

1. Identify the cognitive distortions and emotional triggers that contribute to emotionally-intense disputes in mediations.
2. Understand the importance of soft skills in mediation practice and their impact on successful resolutions.
3. Explore innovative approaches to mediation practice, encouraging creative thinking and out-of-the-box solutions.

Attendee Take-Aways

1. Insights into the human aspects of mediation and the role emotions play.
2. Behavioral strategies to effectively redirect emotionally-intense disputes toward closure.
3. Innovative approaches to mediation that challenge traditional thinking and open up new possibilities for productive resolutions.

Related Programs

Breakout: Managing Emotional Dynamics in Mediation

This breakout session dives deeper into the world of emotional dynamics and people relationships, empowering participants to navigate emotionally-intense disputes with confidence and skill.

Half-Day Workshop: Emotional Intelligence in Conflict Resolution

This half-day professional development workshop focuses on practical conflict resolution skills to help attendees navigate intense disputes with finesse and grace. Through a combination of experiential learning, case studies, and interactive discussions, attendees gain a deeper understanding of emotional intelligence and its connection to conflict resolution.

The workshop begins with an exploration of the links between emotions and conflict, highlighting the importance of emotional awareness and regulation to the successful resolution of disputes. Participants engage in immersive exercises to hone their active listening skills, cultivate empathy, and develop strategies for creating safe boundaries while building an environment of inclusion and connection.

DR. DEBRA DUPREE

TOPICS

UNLOCKING THE POWER OF INFLUENCE: BRIDGING THE CHASM BETWEEN COMMUNICATION AND CONNECTION

Explore the mindset of today's most influential leaders and uncover the four keys to effectively redirecting others towards actions that align with your goals. This engaging keynote shows attendees how to develop their influencer status and gain a competitive edge by emulating some of the world's most highly respected leaders to elevate impact and create a legacy of connection.

Executive Summary

The ability to impact and influence others is crucial for success. Whether you're a job hunter, consultant, salesperson or business owner, capturing the attention and support of others is the currency of achievement. This keynote explores the mindset behind today's leading influencers and reveals the four keys to effectively and ethically redirect someone's thinking towards actions that align with your goals.

This engaging and thought-provoking keynote dives deep into the behavioral levels of impact and influence. Dr. Debra illustrates a pathway for attendees to develop their influencer status strategically. Participants gain valuable insights from top business schools' teachings and technology programs to gain a competitive edge in today's fast changing business environment.

Learning Points/Objectives

1. Gain insight into the mindset of influential leaders and the keys to their success.
2. Discover strategies for redirecting someone's thinking ethically and persuasively.
3. Learn the four keys to influencing others and applying them in daily interactions.

Attendee Take-Aways

1. Deeper appreciation of the relationship between communication and connection in all aspects of persuasion.
2. Practical strategies for ethically redirecting someone's thinking towards desired actions.
3. Inspiration and motivation to elevate their own influence and impact on others.

Related Programs

Breakout: Beyond Communication

This information-packed breakout session shows attendees how to achieve influential connections with peers and prospects alike. Dr. Dupree - The MINDSET Doc - illustrates some of the most impactful aspects of relational influence, and models the way for participants to build strong and meaningful connections.

Through real-world scenarios and storytelling, Dr. Debra highlights how to connect with others authentically. She reveals practical strategies for building trust, fostering empathy, and leveraging effective communication techniques to create lasting connections that drive positive outcomes.

Half-Day Workshop: Mastering Relational Influence

This half-day workshop is a unique opportunity for your team to deepen their understanding and application of relational influence. During this engaging 4-hour session, Dr. Debra Dupree - The MINDSET Doc - guides participants through a series of interactive exercises, group discussions, and practical case studies, empowering them to build stronger and more meaningful connections to drive positive outcomes. This workshop is designed to inspire, educate, and equip your team with proven strategies to enhance their interpersonal skills and elevate their influence within your organization.

DR. DEBRA DUPREE

TOPICS

THE POWER OF EFFECTIVE COMMUNICATION: BUILDING CLIMATES OF COURAGE AND CURIOSITY

Unlock the secret for transforming confrontations into conversations where people feel heard, valued, and respected. Dr. Debra Dupree, a renowned expert in leadership development, positive psychology, and the neuroscience behind human behavior, provides attendees with simple tools and techniques to enhance their communication skills and confidently navigate challenging interactions.

Executive Summary

Genuine connection is often overshadowed by miscommunication and tension. That's why it's crucial for organizations to create environments where individuals can truly be heard AND feel heard. Join Dr. Debra Dupree, a sought-after speaker and authority on building effective communication strategies, as she shares her expertise in transforming confrontations into conversations that foster inclusion, understanding and connection.

Dr. Debra draws from both her professional and personal experience with unresolved conflicts within her family-owned business. Through the lens of brain science and emotional reactions, she uncovers the underlying factors that disrupt productive communication. Attendees gain a deeper understanding of the barriers to meaningful conversations and learn to replace them with curiosity and courage.

This engaging keynote presentation is tailored for leaders, professionals, and organizations seeking to create climates of courage and curiosity. Dr. Debra equips attendees with practical tools and techniques to navigate tough conversations, assert their voice, and resolve conflicts with empathy and respect. Through her expertise in leadership development, positive psychology, and neuroscience, she empowers individuals to show up as their best selves and make future-forward choices.

Learning Points/Objectives

1. Understand the neuroscience behind communication breakdowns and emotional reactions.
2. Identify common barriers to effective communication and learn strategies to overcome them.
3. Cultivate curiosity and courage for inclusive environments and essential mindset shifts for productive conversations.

Attendee Take-Aways

1. Enhanced communication skills to navigate challenging conversations with confidence.
2. Increased understanding of the neuroscience behind conflicts and emotional reactions.
3. Empowerment to resolve differences and build meaningful connections through effective communication.

Related Programs

Breakout: From Conflict to Collaboration: Navigating Tough Conversations with Confidence

Dive deep into the secrets of transforming confrontations into productive conversations in this interactive breakout session with renowned communication expert Dr. Debra Dupree. Gain practical tools and techniques to navigate tough conversations, set safe boundaries, and foster collaboration.

Half-Day Workshop: Transformative Communication: Navigating Tough Conversations with Confidence and Collaboration

This mind-shifting half-day workshop, led by renowned communication expert Dr. Debra Dupree, enhances participants' communication skills and equips them with the confidence, finesse and grace to navigate tough conversations.

Through interactive exercises and practical insights, attendees learn to foster collaboration and build stronger relationships within their teams and across your organization.

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PARTIAL CLIENT LIST

GOVERNMENT

CALIFORNIA MEDICAL BOARD
CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS
COUNTY OF IMPERIAL
IMPERIAL VALLEY HOUSING AUTHORITY
USDA / APHIS / PPQ
U.S. NAVY, SOUTHWEST REGION
U.S. AIR FORCE
U.S. MARINES

CORPORATE

ADZONE
BANK OF CALIFORNIA
BLUE SHIELD/BLUE CROSS
BURGERS & BEER RESTAURANTS
COMPSYCH
FIRST IMPERIAL CREDIT UNION
HEINEKEN
HILTON
HONEYWELL
IMPERIAL IRRIGATION DISTRICT
LAZ PARKING
ORACLE
SAN PABLO CASINOS
SKILLPATH CORPORATE STRATEGIES
UNITED STATES GYPSUM

EDUCATIONAL

ARIZONA STATE UNIVERSITY
CALIFORNIA STATE UNIVERSITY
DOMINGUEZ HILLS
POMONA
SACRAMENTO
SAN MARCOS
IMPERIAL COUNTY OFFICE OF EDUCATION
MIRA COSTA COMMUNITY COLLEGE DISTRICT
SAN DIEGO COUNTY OFFICE OF EDUCATION
SOUTHWESTERN COMMUNITY COLLEGE DISTRICT
STANFORD UNIVERSITY
UNIVERSITY OF CALIFORNIA, SAN DIEGO

CONFERENCES & ASSOCIATIONS

ABA: AMERICAN BAR ASSOCIATION, DISPUTE RESOLUTION SECTION
AAA: AMERICAN ARBITRATION ASSOCIATION
AAA ICDR: AMERICAN ARBITRATION ASSOCIATION
- INTERNATIONAL CENTRE FOR DISPUTE RESOLUTION
ABWA: AMERICAN BUSINESS WOMEN'S ASSOCIATION
ARIZONA STATE BAR
ACR: ASSOCIATION FOR CONFLICT RESOLUTION
BEVERLY HILLS BAR ASSOCIATION
FENG: FINANCIAL EXECUTIVES NETWORKING GROUP
FLORIDA STATE BAR
IAM: INDIANA ASSOCIATION OF MEDIATORS
NADN: NATIONAL ACADEMY OF DISTINGUISHED NEUTRALS
NEW YORK STATE BAR
90 MINDS: MEETING OF THE MINDS
PCASC: PERSONNEL COMMISSIONS ASSOCIATION OF SOUTHERN CALIFORNIA
PIRHA - PROFESSIONALS IN HUMAN RESOURCES ASSOCIATION
PARMA - PUBLIC AGENCIES RISK MANAGEMENT ASSOCIATION
RIMS - RISK INSURANCE MANAGEMENT SERVICES
SCMG: SHARP COMMUNITY MEDICAL GROUP
SCMA: SOUTHERN CALIFORNIA MEDIATION ASSOCIATION

DR. DEBRA DUPREE

TESTIMONIALS

"Thank you for a phenomenal presentation! We were delighted to have Debra Dupree as a guest speaker at our first annual Southeast Organizational & Leadership Summit on Workplace Conflict Management practices in Atlanta, GA. "As a polished and professional speaker, Debra's presentation on WORK CLIMATE STUDIES: Assessing the Organization for Sources of Conflict was well-received among the professionals attending the Summit. Her presentation received high praises."

Rita Callahan
Summit Organizer, Board Member
Association for Conflict Resolution

"Dr. Dupree was a wonderful addition to our conference with her thoughtful presentations on the Neuroscience of Compassion and the Psychology of Conflict! Our physicians learned a great deal. She is thoughtful, kind and very informative! Can't wait to hear her speak again!"

Dr. Mona Mofid
Dermatologist, Conference Planner
Sharp Community Medical Group

"For 75 minutes, she held the entire audience in the palm of her hand and it wasn't at all a mystery. She was entertaining, insightful, and incredibly gifted at communicating. She had basic thoughts and deep thoughts, making us all think about how we handle high conflict mediations and how we communicate with people. I can't thank Dr. Dupree enough for the fantastic presentation she gave. It made us think as well as feel positive and confident about handling high stress situations."

Robert Cohen, Esq.
Program Planner
Beverly Hills Bar Association

"I've had the great opportunity to work with Debra. She is a true partner and expert in her field of work. Debra's skills in mediation and coaching are top notch. She has a lovely way of both connecting with people and driving sustainable and actionable results."

Chelsea Hogan
Director, Human Resources, Corporate USA, Americas Region, Canada and Export Markets
HEINEKEN

"The buy-in Debra obtained from a staff previously divided by major conflicts was incredible to watch. Debra has the ability to see the real issues through the smoke screen. She has a wonderful ability to communicate effectively and respectfully with all levels of staff and also the Board of Directors. She gets action and results in an efficient and cost-effective manner."

Brian Trotier, JD
Chief Executive Officer (Interim)
SEDC, San Diego

"Thank you! You were amazing! Your visuals were great and you have everything so well organized. Your speech was lively and interesting. It was clear why you're in demand worldwide. It's really important to be able to resolve conflict and you share your passion brilliantly! We were very impressed!"

Missy & Patrick Steinberg
TEDx Taft Avenue Participants

DR. DEBRA DUPREE

TESTIMONIALS

"I was a client of Debra's for several years. I have no need for her services now because my life has totally turned around for the better. I can tell you she helped save my life. I was going through one of the worst periods any man could imagine. I can tell you if it wasn't for Dr. Dupree I do not know if I would have made it. In my life, she is the fourth person who has helped me through tough times and the other three were good but no match for Dr. Dupree. You will never find a better, more well prepared and knowledgeable person at her chosen craft. If I haven't been clear enough by now, she has my whole-hearted and sincere recommendation."

Michael S. Barazone
President
AdZone Marketing

"Your dynamism and ability to meaningfully connect with a diverse audience is exceptional. During our engagement, the depth of your expertise and your capability to coach people in difficult circumstances was very evident. I would recommend that anyone in conflict, whether it was workplace-related, a divorce or other personal situation, bring you in as a trusted resource."

Katherine Willey
Vice-President
Bank of California

"Debra spoke with two of my CEO peer groups in Riverside & Temecula. This is the 3rd time over the past 10 years that Debra has worked with my Forum Groups. She always connects with each executive in a unique way and provides a very rich program of services and take-a-ways they can use immediately in their businesses."

Ronald Penland
Coach of CEO & Key Executive Peer Groups

"In my 12 years of leadership, I've received a lot of training, but your coaching in just 3 hours was so extremely beneficial and filled with little gold nuggets of insight. I learned more yesterday than I have in all of my other trainings combined. Thanks so much for sharing with us your valuable insight, I enjoyed everything you spoke about and my take away's were what you shared about managing upwards, dealing with what my fear is, and to rewind and reset."

Chris Pina
Parking Sergeant, Parking & Transportation Services
Cal Poly Pomona University

"Great energy instructing. Passionate in area of expertise. I would highly recommend Dr. Dupree's course for any employee."

Michael Simko
Systems Administrator
Marine Corps Logistics Base

"Eloquently and magnificently presented! Unique and creative delivery style while clearly teaching the message. Dr. Dupree is a gift as a presenter and has instilled very positive and enriching changes that I am motivated to implement and reflect on daily. Please bring her back!"

Shelley Lamey
Semper Fit Division Head
Fitness/Wellness/Health Promotion

"Dr. Dupree did an excellent job. I have a hard time buying into philosophies normally, and tend to "critical thing" them to death. This information was logical and presented in a way that I like to learn."

Phuoc Frisbie
Financial Management Analyst
Marine Corps Logistics Base

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TESTIMONIALS

"I loved this course. I learned a lot about myself, my leadership style, others' leadership styles, and performance management."

Jennifer Silva
Marketing Manager
Marine Corps Logistics Base

"Experienced instructor with a great ability to engage the students. Plus, applicable examples to help facilitate success after the class."

Jason Moore
Director
Congressman Juan Vargas

"The entire MCCS staff needs to attend this training! This course, or something like it would be beneficial in communicating. OR, bring in Dr. Dupree to evaluate MCCS and its effectiveness."

Jill Crumpler
Administrative Assistant
Marine Corps Logistics Base

"Debra was great!!! I really learned a lot - will highly recommend."

Julie Ambrose
Vice President
San Diego Property Management

"The SPICE Game was the best part of the presentation - extremely helpful! Debra was a wonderful presenter. The activities of getting up and moving around was a positive experience."

Kathleen Nicholls
Commander
Dept. of Consumer Affairs

"Great information that I will definitely use in my professional and personal life. Dr. D was a terrific instructor - welcoming, warm, not threatening, and incredibly knowledgeable."

Charlaine McKenzie
Supervising Investigator
Dept. of Consumer Affairs

"I gained much more than I expected...excellent training!"

Lawrence T. Parker, Sr.
Executive Officer
US Marine Corps