

# SUSAN GUZZETTA

PROFESSIONAL SPEAKERS FOR ALL OCCASIONS



## **CLAUDIA NIEDZIELSKI**

### **POSITIVELY IMPACTING LIVES THROUGH TRAINING AND HUMAN POTENTIAL DEVELOPMENT**

Who is Claudia and why partner with her? From an early age, Claudia became obsessed with positive mindset, information and positive quotes after her father introduced her and her brothers to books that would inspire them to always strive to be the best they could be. The greatest Sales Man in the world by Og Mandino and Jonathan Livingston Seagull by Richard Bach would become her favorite books as a teenager.

Claudia Niedzielski is an authentic, brave and fully transparent highly endorsed mentor & trainer whose expertise merges corporate acumen with extensive real estate industry knowledge and leadership. Claudia is also a dynamic, fun and engaging speaker who shares authentically her own transformation journey. She shares her journey of deep struggle and resilience when her husband and daughter were both diagnosed with Muscular Dystrophy in a span of 6 years. She truly understands what it means to feel hopeless, scared and alone and what is necessary to regain hope, strength, and find the path back to deeper meaning in life and relationships. She is not afraid to be vulnerable with her audiences and yet exhibits a level of inner strength and enthusiasm for life that becomes contagious.

Claudia brings a unique flavor to any organization as a result of her 15 years of experience in Corporate America assisting top-tier executives, developing an intricate understanding of corporate dynamics. Over the span of 17 years in the Real Estate industry, Claudia's leadership roles as an Office Manager, Trainer & Mentor, and Lead Mentor for a local broker; exemplify her capacity to inspire and lead others to success. She was hired as an Office Manager within 9 months of being licensed as a Real Estate Agent and was told then "that she exhibited skills and qualities that cannot be taught".

In addition to her extensive professional experience and proven success guiding others to higher productivity; Claudia is a highly accomplished individual. She is a Jack Canfield Success Principles and Methodology Certified Trainer and has been a member of Jack's advanced assisting training team since 2019. Through his mentoring and her relentless pursuit to impact others; she has become a #1 Amazon International bestselling author 4 times and is also the Founder and Co-Creator of "Faces of Mental Illness" a global movement and her own book series aimed to end the Stigma on Mental Illness. This personal endeavor continues to highlight how skilled she is at bringing groups together; unite them for a common goal; inspire action and produce a positive impact and results in everything she does.

Furthermore, Claudia is a certified practitioner and consultant of the Barrett Values Centre Cultural Transformation Tools. This certification equips her with the ability to assess and transform individuals and organizational cultures, providing individuals, managers and leaders with valuable insights on creating a positive and productive working environment and culture.

As a natural and practical presenter and passionate trainer and developer of human potential, Claudia infuses a fun and authentic approach to all her projects. Her diverse skillset and

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expertise enable her to deliver comprehensive and transformative guidance, helping others improve their skills, increase productivity, and unlock their full potential.

Her involvement, annual retreats, and monthly meetings as a small business consultant for an optometrist practice; resulted in higher engagement of all members of the staff; produced a cohesive, collaborative, joyful and successful work environment; and provided tools and solutions that empowered the owner to identify the right members for her team and to transition those who were not the right fit outside her practice.

Claudia is a fighter, a thriver, and a passionate seeker of the "hidden lessons" buried inside all life experiences. Claudia is constantly on a quest to be the best version of herself and she has a genuine and profound impact on others as she mentors and leads them to live life to the fullest and shares the tools she has utilized in her own personal search for meaning, understanding and compassion for herself and others.

One of her desires was to impact the lives of others living with a Mental Illness through education and sharing her own extraordinary story of recovery after a devastating psychotic episode at the early age of 22. In 2015, this desire would lead her to join "Stigma Sacramento Speakers Bureau", a non-profit organization in Sacramento fully dedicated to the education of the community as to what mental illness truly is with the goal to stop the stigma on mental illness, create awareness, provide resources and give hope! Since 2015, she has spoken to thousands of people in Sacramento, has appeared on Fox News, Univision and has been invited as a radio show guest several times to provide tools and insights as an expert and advocate for mental illness.

## CLAUDIA NIEDZIELSKI

### TOPICS

BELIEVING IN YOURSELF IS A CHOICE - SOMETIMES YOU NEED TO BORROW IT FROM OTHERS

FREEDOM COMES FROM SHARING YOUR DEEPEST STRUGGLE

TRANSFORMATION IS POSSIBLE AT ANY AGE

ACCELERATING YOUR LIFE (AND YOUR SUCCESS) BY TAKING A MUCH NEEDED BREAK

THE IMPORTANCE OF FINDING YOUR PASSION

LIVING AN AUTHENTIC LIFE

THE "GRIEF" FAMILIES EXPERIENCE WHEN THERE IS A CRONIC ILLNESS IN THE FAMILY

STOP EATING TO COPE - THE CONNECTION BETWEEN EMOTIONS, STRESS, EVERYDAY LIFE AND THE CHOICES WE MAKE WITH OUR FOOD

OBESITY - IT CAN BE PROTECTING YOU - HOW TO FIND THE COURAGE TO END THAT LIE

ENDING THE STIGMA ON MENTAL ILLNESS - MENTAL ILLNESS IS NOT ALWAYS WHAT YOU THINK

WHAT YOU VALUE MOST SHOWS UP IN YOUR BEHAVIOUR

THE POTENTIAL LIMITING FACTOR OF "LOYALTY"

THERAPY IS TRULY A GIFT - IT TAKES COURAGE TO DO THE WORK AND THE REWARDS ARE IMMENSE

MARRIAGE IS A "CONTACT" SPORT

RESILIANCE - IT IS ALWAYS THERE, EVEN IN THE DARKEST MOMENTS

CO-DEPENDENCY - HOW TO KNOW WHEN YOU ARE IN A TOXIC RELATIONSHIP AND WHAT TO DO TO GET OUT AND REGAIN YOUR POWER

LEADING WITH LEGACY - WHAT IS YOUR CONTRIBUTION TO SOCIETY AND WHY IS THIS IMPORTANT?

COME HOME TO YOURSELF AND STAY FOR GOOD!

LEADERSHIP THROUGH AUTHENCITY AND TRUTH

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### CLIENT LIST

#### STOP STIGMA SACRAMENTO

(have spoken to thousands of individuals in Sacramento through this organization including schools, colleges, private business and organizations, government agencies, US Corps of Engineers, Insurance Agencies, Department of Real Estate, Department of Disabilities, and many more)

#### SOROPTIMIST INTERNATIONAL OF ELK GROVE

#### CRYSTAL VIEW

#### FOX NEWS

#### UNIVISION

#### KATE BUTLER ENTERPRISES

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## SPEAKER

### TESTIMONIALS

"I worked with Claudia as my mentor for about a year after I first got my license in Real Estate in 2015. Claudia was always there, no matter the time or day. I could ask the most ridiculous questions trying to learn this business and she never made me feel like I knew less than others. I still remember specific conversations and sentences she told me that I keep with me to this day. As a top producer now, that also mentors my company's newer agents, I know I wouldn't have the same draw to motivate others if I didn't get it from her. Having gotten what I needed from her as a new agent taught me how to give that to new agents in my current role. Forever grateful and proud to that worked with Claudia."

Tina Suter  
Top Producer Real Estate Agent  
Office Partner and Mentor at House Real Estate

"Claudia, thank you so much for your AMAZING workshop at our retreat. You are such a blessing for Crystal View! All the staff members were moved during the presentation and felt empowered afterwards. One of them said she "felt like a million bucks" another one said, "she felt happier". Thank you for being you and for sharing yourself with us. I look forward to future talks with you!"

Diana H.  
Owner of Crystal View Optometry

"Claudia's presentation was great and was presented with lots of knowledge and concrete steps. It was presented with so much heart and authenticity. Very powerful concepts and exercises were presented"

Sally Dunbar  
Top Producer Real Estate Agent

"Each of us has a spark within us that needs to be fanned sometimes to turn it into a blaze and to become on-fire. That spark might be for an idea that you have, for an overdue phone call that you need to make, or for a commitment to yourself for any personal reason. Your brief presentation was the fan that I needed for something that I needed to due for myself, but one that I had kept moving to the back burner. Upon hearing you speak, I took the initiative to take action immediately on a few things, that are already showing the results! Thank you for being you Claudia!"

Steve Carpenter  
Top Producer Real Estate Agent

"I Learned so much from Claudia's workshop. She provided a lot of information in a few short hours. I've paid thousands for other self-improvement and goal setting seminars but did not get as much out of them as I did her class. Thank you Claudia, I'm working on "owning it"

Lynn Gavia  
Lender, client and dear friend

"Thank you so much for sharing your passion and enthusiasm for the "Success Principles". The workshop was wonderful. You always amaze me with your willingness to share, be vulnerable and help others be their best!"

Kim Childs  
Loan Processor

"Loved the relaxed environment. It enabled me to be real and turn inward to discover and learn more about my true self desires and needs."

Stephanie Jeter  
First American Home Warranty Regional Manager

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### TESTIMONIALS

"Claudia - you ROCKED it! It was a terrific workshop"

Bralynn Newby  
Founder of Spirit Center Business

"Your workshop was fabulous! You are a natural presenter and I so appreciate being invited to a great workshop! I learned things, will take time to do the "homework" and I am sure today I will become more mindful of where I am and where I am going! Thank you, Claudia!"

Mimi Hackard Scherber  
Real Estate Agent

"Claudia's personal success workshop was chock-full of useful insights and inspiration. Claudia kept the curriculum interesting with personal stories and examples that made the few hours we had together seem to whisk by. I found her exercises very insightful. Specifically, we completed a worksheet to define our own purpose and the results set me back in my seat. I also completed another of her recommended exercises after returning home and gained new insights into what actually motivates me. I highly recommend Claudia Niedzielski as a speaker and a workshop leader."

Mira Woodworth  
World Class Glass Artist