PROFESSIONAL SPEAKERS FOR ALL OCCASIONS



## DR. LISA PATIERNE

#### **EMPOWERING CHANGE THROUGH RESPONSIVE LEADERSHIP**

In a world marked by constant change and challenges, the key to progress lies within the hearts and minds of individuals. Dr. Lisa Patierne, a distinguished leader in RESPONSIVE Leadership, human potential, and success training, stands as a beacon of empowerment and transformation. With a career spanning over three decades, she has become a catalyst for uniting and elevating workforces, inspiring teams, and empowering individuals to reach unparalleled heights of achievement.

#### A Visionary Leader and Catalyst for Transformation

Dr. Patierne's journey is a testament to her commitment to fostering leadership and personal growth. Her extensive background as an educator, school principal, and consultant and well-renowned trainer for the State of New York Police Juvenile Officers Association equips her with invaluable insights into the dynamics of leadership and resilience. Her dedication to safety is reflected in her doctorate in Leadership from Sage College of Albany, where she authored her dissertation on active shooters.

#### Mentored by Jack Canfield: A Leader in Human Potential Development

Dr. Patierne's association with Jack Canfield, America's number one success coach, has deepened her understanding of human potential and success training. As an advanced certified Success Principles® trainer, she is at the forefront of human development, equipped with the tools to help individuals unleash their hidden capabilities.

#### Transforming Lives Through Success Training

Dr. Patierne's transformative success training programs have inspired countless individuals to achieve their goals and live their dreams. Her dynamic presentations and workshops provide practical tools and strategies that empower participants to take charge of their lives, accomplish their aspirations, and become the best versions of themselves.

#### Empowerment and Unity: The Cornerstones of Success

Dr. Patierne's unique approach centers on empowerment and unity. She understands that a unified, inspired workforce is the bedrock of a thriving organization. Her methods not only elevate individual performance but also foster a collective sense of purpose, ensuring that every team member contributes to the organization's success.

#### President and Co-Founder of I'm Human: A Multimedia Social Impact Company

Dr. Patierne is also the co-founder and president of I'm Human, a multimedia social impact company dedicated to transcending circumstances, embracing diversity, and unleashing the boundless potential within each individual. I'm Human is a revolutionary project that champions unity over division, creating a world that celebrates diversity without succumbing to discord.

### Partner with Dr. Lisa Patierne: A Catalyst for Change

When you partner with Dr. Lisa Patierne, you invest in the transformation of your workforce and the future of your organization. Her commitment to RESPONSIVE Leadership, human potential, and success principles is your key to achieving unparalleled success. Unite, empower, and elevate your workforce with Dr. Lisa Patierne and embark on a journey of transformation that will redefine your organization's future.

#### Unlock the Potential Within

Are you ready to empower change and elevate your organization? Contact Dr. Lisa Patierne today to discuss how she can bring her expertise and transformative impact to your next event or training session. Join the ranks of those who have witnessed the remarkable transformation she brings, and take the first step towards unlocking the full potential within your team and organization.

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### **TOPICS**

#### RESPONSIVE LEADERSHIP IN THE MODERN WORKPLACE

Empower your team to embrace change and lead with poise.

In an era defined by rapid change, RESPONSIVE Leadership stands as the cornerstone of success. In this transformative session, participants will acquire practical strategies for adapting to change, enhancing resilience, and fostering a positive organizational culture. They'll leave feeling empowered, confident, and ready to lead with resilience in today's ever-evolving workplace. Unlock the potential of your team to embrace change and emerge as agile, confident leaders.

#### UNLEASHING HUMAN POTENTIAL FOR ORGANIZATIONAL EXCELLENCE

Ignite innovation within your team and drive excellence.

Human potential is the engine that drives organizational excellence. In this dynamic presentation, attendees will learn how to unlock their creative potential, drive innovation, and elevate performance. They'll leave inspired, motivated, and ready to excel, understanding how tapping into their potential can lead to organizational success. Ignite the spark of innovation within your team and cultivate an environment where excellence thrives.

#### **CULTIVATING RESILIENCE IN TIMES OF CHANGE**

Equip your team to navigate change with confidence.

Change is inevitable, but resilience is the key to thriving amidst uncertainty. In this workshop, participants will develop skills to thrive in times of change, adapt to shifting landscapes, and maintain focus on their goals. They'll leave feeling resilient, adaptable, and determined, equipped to navigate change with poise and determination. Equip your team to navigate change with confidence and emerge stronger than ever.

### **EMPOWERING TEAMS FOR COLLABORATIVE SUCCESS**

Foster a culture of collaboration and elevate team performance.

Effective teamwork is the foundation of success. In this enlightening session, attendees will understand the dynamics of effective teamwork, communication, and trust-building. They'll leave with a strengthened team bond, united, motivated, and driven, ready to achieve extraordinary results. Foster a culture of collaboration within your organization and elevate team performance to new heights.

#### **LEADERSHIP MASTERY: INSPIRING VISIONARY LEADERS**

Transform leaders into visionaries who drive change.

True leadership goes beyond titles; it inspires change and ignites vision. In this transformative workshop, participants will gain insights into authentic leadership, driving positive change, and inspiring others to follow their vision. They'll leave inspired, visionary, and confident, ready to transform into leaders who inspire change. Empower your leadership team to become visionaries who drive meaningful transformation.

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### **TOPICS**

#### THE POWER OF POSITIVE MINDSET: A KEY TO SUCCESS

Unlock the potential of a positive mindset for success.

A positive mindset is the key to overcoming challenges and achieving success. In this engaging presentation, attendees will learn practical techniques to cultivate a positive mindset, overcome obstacles, and reach their goals. They'll leave feeling positive, resilient, and goal-oriented, equipped to unlock the potential of a positive mindset for personal and professional success. Elevate your team's mindset, and watch them thrive.

#### **BUILDING A CULTURE OF EMPOWERMENT**

Transform your organization into an empowering and innovative workplace.

Empowerment is the cornerstone of innovation and job satisfaction. In this enlightening workshop, participants will discover how to create a workplace culture that empowers employees, fosters innovation, and enhances job satisfaction. They'll leave feeling empowered, engaged, and motivated, armed with a blueprint for creating an empowering and innovative workplace. Transform your organization into a place where individuals flourish and innovation thrives.

### **NAVIGATING CRISIS WITH RESPONSIVE LEADERSHIP**

Equip leaders to guide organizations through crises with grace.

Crisis situations demand strong leadership. In this essential session, attendees will gain crisis management strategies, resilience-building tools, and effective decision-making skills. They'll leave feeling calm, composed, and prepared, equipped to lead during challenging times. Equip your leaders to guide organizations through crises with grace and emerge stronger on the other side.

#### SUCCESS PRINCIPLES FOR PEAK PERFORMANCE

Empower individuals to achieve their wildest dreams.

Success is not a destination; it's a journey. In this inspiring workshop, participants will embrace the Success Principles® to set and achieve audacious goals. They'll leave feeling driven, motivated, and goal-oriented, armed with a clear roadmap for personal and professional success. Empower individuals to dream big and achieve their greatest aspirations.

#### INSPIRING CHANGE: RESPONSIVE LEADERSHIP FOR TRANSFORMATION

Lead your organization through change with confidence and agility.

Change is the only constant, and RESPONSIVE Leadership is your compass. In this enlightening presentation, attendees will learn how RESPONSIVE Leadership principles guide organizations through significant transitions. They'll leave feeling inspired, adaptable, and change-ready, equipped with the tools to lead successful transformations. Lead your organization through change with confidence and agility, and watch it emerge stronger than ever.

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### **TOPICS**

#### ELEVATING DEI: FOSTERING UNITY AND BELONGING THROUGH I'M HUMAN PRINCIPLES

Create a workplace culture that celebrates unity, belonging, and diversity.

Diversity, Equity, and Inclusion (DEI) is more than a policy; it's a culture. In this transformative session, participants will gain a deeper understanding of the importance of unity and belonging within diverse teams. They'll learn practical strategies for fostering inclusivity, breaking down biases, and building a workplace culture that values every individual. Attendees will leave feeling more connected, empathetic, and committed to creating a workplace where everyone belongs. Elevate your organization's approach to DEI by fostering a culture of unity and belonging that reflects the true spirit of I'm Human.

Dr. Lisa Patierne's expertise, coupled with these compelling topics, creates a winning combination that will empower, inspire, and elevate your team, organization, or event to new heights of success. Contact Dr. Patierne today to explore how she can tailor these sessions to meet your specific needs and goals.

#### I'M HUMAN: GUARDING THE GUARDIANS THROUGH RESPONSIVE LEADERSHIP

Officer Wellness and Community Policing

In this transformative workshop, titled "I'm Human: Changing the Narrative through RESPONSIVE Leadership," Dr. Lisa Patierne, co-founder of the I'm Human Project, guides first responders on a journey of self-discovery and emotional resilience. The workshop empowers participants to look within themselves and engage in the crucial inner work required to become their best selves.

Drawing upon the principles of RESPONSIVE Leadership, this workshop equips police officers with the tools they need to respond thoughtfully rather than react impulsively to challenging events. By delving into their own emotional well-being and understanding their inner narratives, participants are prepared to show up as their optimal selves.

The "I'm Human" workshop not only benefits the individual officers but also fosters stronger connections with the communities they serve. By enabling police to be their best, it enhances their ability to build bridges of peace and trust within these communities. This transformative experience empowers police officers to respond with empathy, compassion, and leadership, creating a positive narrative for themselves and the communities they protect.

#### I'M HUMAN: GUARDING THE GUARDIANS THROUGH RESPONSIVE LEADERSHIP FOR HEALTHCARE PROFESSIONALS

In this transformative workshop designed exclusively for healthcare professionals, titled "I'm Human: Guarding the Guardians through RESPONSIVE Leadership," Dr. Lisa Patierne, co-founder of the I'm Human Project, takes doctors and nurses on a journey of personal and professional growth.

Built on the solid foundation of RESPONSIVE Leadership, this workshop empowers healthcare practitioners to look inward, engage in essential self-reflection, and explore the principles that shape their leadership journey.

"I'm Human" equips healthcare professionals with the tools and insights to guard themselves against the emotional toll that often accompanies their noble work. By nurturing their own emotional well-being and resilience, participants learn to respond thoughtfully and effectively to the challenges they encounter, ensuring they can consistently bring their best selves to their patients.

This workshop is more than just self-care; it's a commitment to elevating patient care. By fostering the well-being of doctors and nurses, it directly enhances the quality of medical services provided, promoting trust and healing among patients.

Through "I'm Human: Guarding the Guardians through RESPONSIVE Leadership," healthcare professionals gain the knowledge and skills to embrace RESPONSIVE Leadership, fortify their resilience, and create a narrative of excellence in healthcare. This, in turn, ensures the well-being of both those who provide care and those who receive it.

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### **TESTIMONIALS**

"Sometimes you have to go slow to go fast. Dr. Colman will show you how."

Karen Mangia WSJ Best Selling Author & Salesforce Executive

"Lisa was a great informative instructor. Lisa was also great during her presentation and was able to convey her material in a great manner. In addition, Lisa was great in getting the workshop engaged."

Max Ellsworth

"Lisa was very informative and kept the workshop engaged through group activities and discussions."

Rich Malarone

"This was a great workshop. I learned a lot. Very good with getting the workshop to work together towards a common goal. I highly recommend this workshop. Lisa was well prepared and knowledgeable on all information presented."

Nicholas Cangemie

"Lisa is an excellent instructor and leader. Lisa is passionate about helping people. Lisa is knowledgeable and approachable. Lisa uses participation throughout her presentation to help students grow and as a way to help students learn."

Kevin Moyer

"Lisa was very positive and she knew her material. You can tell she genuinely cares and her lessons were interesting. She helps the workshop get out of their comfort zone."

Alexandra Monetti

"Very informative, lots of information, would recommend."

Sergeant Shawn McGrail

"This was an informative workshop touching upon important topics. Lisa did a great job of presenting relevant information and keeping it enjoyable and interesting."

Steven Bitola

"The workshoproom interaction was great for communication skill development. Lisa is fantastic at developing relationships and making learning fun."

Michael Barbin

"Dr. Patierne brought an energetic and positive approach in her message. I was reminded through her workshop of the important things in life that should be prioritized. Self realization, listening, and less judgment, were some of the traits that were emphasized, I believe this will aid me in my personal and professional life."

Kiran Dwyer

"Dr Lisa was very informative and thought provoking. She was able to keep topics fresh and interesting through group interactions."

Paul Bouche

"Program was very well designed and really easy to relate to. Dr Lisa was energetic and kind. Dr. Lisa allowed me to leave the workshop feeling accomplished and educated."

A Geyer

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### **TESTIMONIALS**

"Lisa made an eight hour workshop feel like four hours. She presented ideas in a fun, easy to understand way. I felt that she brought true value, and her teaching was memorable. I will use what she taught in my life, both at work and home."

Danielle Long

"Dr. Patierne was very engaging throughout the day. Her ideas and values are something I believe we all have but sometimes in life, mostly through our career, we forget to live by them. Sometimes we all need someone to break the clay for us."

Angela Vignogna

"Dr. Patierne is compassionate, approachable and funny. You can tell she enjoys learning and sharing what she learns to make the world, your life, and your outlook better period. It definitely helps that she is a teacher. It is her gift and I thank her for sharing it with us."

Stephanie Minor

"I came into this workshop expecting to be staring at the clock until it was time to leave. Lisa immediately changed my mind in the first five minutes. This class was not only informative but interesting and captivating. I look forward to applying what I learned in my personal and professional life."

Nicholas DiTomasso

Testimonials for I'm Human: Guarding the Guardians Through RESPONSIVE Leadership

"Guarding the Guardians was an amazing workshop instructed by Dr. Patierne. One of the main things I learned during the workshop is to always look for positivity in life and in work. Staying positive is something that I commonly struggle with; one quote during the workshop really hit home for me. 'When you change the way you look at things, the things you look at change.' I won't forget that quote and I will use it to hopefully benefit my life daily.'"

Joshua Vine Ogdensburg PD

"It is refreshing to hear from somebody like Lisa, somebody who takes the mental health of first responders seriously, this is something that has been overlooked for too long. Physical fitness is something that is often stressed in our line of work, but being mentally fit is even more important. Officer wellness will promote productivity in the workplace, the home, and in all other aspects of life. Teaching people about the toll our job has on us is beneficial, but methods on how to help ourselves is even more important. That is exactly what Lisa does for people. And the more people who get to hear from her, the better."

Steven Betts Dobbs Ferry Police Department

"I've taken workshops like this before, but the team building and being taken out of my comfort zone was actually enjoyable."

Luke Mount Pleasant PD

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### **TESTIMONIALS**

"This is the second time that I've attended a workshop that Lisa has taught today. I have learned so much about my life and work life balance and maintaining my personal health. Lisa is an excellent educator and I think her instruction should be mainstreamed into the police world, not just related to school resource officer workshops. Guarding the Guardians through RESPONSIVE Leadership by Dr Lisa Patierne should be attended by every cop in New York State."

Sam Brecker Police Officer Hastings on the Hudson PD.

"This is the second time I've been through a workshop taught by Lisa and I still implement some of the things discussed in the workshop. She also teaches in a manner that keeps everyone engaged and active in discussion. I hope when I teach officer wellness in future academies, I will be able to deliver it as well as she does."

Amanda Mackey Watertown PD

"Dr. Patierne brings great positive energy into her lesson plan. Her laid back approach gets students to engage with others and become comfortable speaking with people they don't work with. Dr. Patierne is a first responder supporter who explains why we can sometimes be or feel removed. She gave useful techniques to combat depression and mental health in general."

Steven Vitolo North Castle PD

"I enjoyed the training. It was enlightening; the scientific basis of what stress does to the body."

William Stapleton, PPD

"Dr Lisa Patierne was an excellent, motivated instructor. She gave life to her lessons. She helped others out by having small group gatherings. She is a great teacher and motivational speaker. She lets us understand how certain things in life work. Attending her workshop made me look different on life; both personally and as an officer. She did a lot of explaining and gave life examples. She is by far the best instructor."

Mandy Smith Hempstead PD

"Dr. Patierne made the workshop fun and very informative. All of the activities were organized and helped break the ice in the room. Tons of takeaways for police officer self care."

Detective N. Valdovinos Bedford PD

"As a police officer I believe this lesson plan is necessary to help benefit our overall mental health. I believe Dr Lisa Patierne was able to create a dynamic learning experience and some insight to better police officers, professionally and personally."

Adam Soid Eastchester PD

"Dr Lisa Patierne was an awesome instructor. She kept the workshop fun and interactive. Officer wellness is extremely important and something most people don't talk about. With more training and discussion on the topic I think it will help officers, their families and their departments."

Alyssa Ray Town of Kent PD

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### **TESTIMONIALS**

"Lisa is an amazing instructor. She brought her personal experiences into her workshop, and it made everyone realize that regular people go through a lot of the same things police officers do. I enjoyed sitting through and interacting in her workshop."

Kelvin Gray Beacon PD

"This workshop was very interesting and informative. Highly recommend it. I enjoyed the entire workshop."

P. Washalski Port Jarvis PD

"It is important for officers involved with the community to be reminded of how trauma can affect them as well as how it can affect community members in very different ways. As officers involved in so many other activities and responsibilities, it was very helpful."

Donald Ahrenberg North Castle PD

"This is one of the best trainings I've had. It kept me interested and I would recommend it. It should be a must for all departments to see."

Carole Johnson Westchester PD

"Having Lisa as an instructor was a great experience as she really comes from a place of understanding the impact of being on the job, but struggles aside, stresses the importance of using that to help bridge the gap between our police officers and the community; especially in times so trying for law enforcement."

Danielle Salisbury SUNY Cortland Police

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## **CLIENT LIST**

KERKIMER COLLEGE POLICE ACADEMY
SAGE COLLEGE OF ALBANY
NEW YORK STATE HOMELAND SECURITY & EMERGENCY SERVICES
STATE OF NEW YORK POLICE JUVENILE OFFICERS ASSOCIATION
RAVENA COEYMANS SELKIRK CENTRAL SCHOOL DISTRICT
GUILDERLAND CENTRAL SCHOOL DISTRICT
ARTHRITIS FOUNDATION
THE COLLEGE OF SAINT ROSE
CAPITAL REGON BOCES
CASDA
CAPITAL DISTRICT SUSU WOMEN
WESTCHESTER COUNTY POLICE DEPARTMENT
WESTCHESTER COUNTY POLICE ACADEMY